



Schechter Manhattan After School Activities Spring 2019

Schechter Manhattan's after school program provides engaging and fun activities that expand your child's skills and talents. Activities are open to students in grades K-8. The program allows children to explore different experiences, develop or hone established skills, and socialize with other students. Contact afterschool@sssm.org for more information.

After school activities for students in grades K-8 are on Monday, Tuesday, Wednesday and Thursday afternoons. Activities run from 3:35-4:45 PM and 4:45-6:00 PM. Students wishing to participate in the 4:45-6:00 PM activity must also enroll in a 3:30-4:45 PM activity. A light snack will be served before the activity begins.

Dates and Times:

| Mondays: | Tuesdays: | Wednesdays: | Thursdays: |
|----------------------|---------------------|-----------------------|-----------------------|
| January: 28 | January: 22, 29 | January: 23,30 | January: 24,31 |
| February: 4,11, 25 | February: 5, 12, 26 | February: 6, 13, 27 | February: 7, 14, 28 |
| March: 4, 11, 18, 25 | March: 5,12, 19, 26 | March: 6, 13, 27 | March: 7, 14, 28 |
| April: 15, 29 | April: 2, 9, 16, 30 | April: 3, 10 | April: 4, 11 |
| May: 6, 13, 20 | May:7, 14, 21, 28 | May: 1, 8, 15, 22, 29 | May: 2, 9, 16, 23, 30 |
| June: 3 | June: 4, 11 | June: 5, 12 | June: 6,13 |

Please Note:

- The discrepancy between the prices for Monday, Tuesday, Wednesday and Thursday classes is based on the difference in the number of classes held on each day.
- There will be no refunds given after the first class has passed. Refunds before the first class runs will be given subject to there being a minimum number of students in the class.



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Mondays 3:35-4:45 PM

Imaginative Dance (Grades K-2)

In this unique bilingual (Hebrew/English) class, children will enhance their nonverbal communication skills and grow their sense of self in an artistic and fun manner. Taught by artist Shlomit Oren- Ross, this is a multicultural program that encourages a healthy development of body, mind, and spirit through movement and music. Every class has a different imaginative theme. Children are led through diverse creative movement and dance exercises from the realms of physical theater, dance, kids yoga, improvisation, circus skills, voice and props experimentation. Participants will wear creative costumes provided by the instructor and perform in talent shows, allowing imagination and creative freedom to soar.

Dress: comfortable clothing and sneakers requested.

\$560

NINJA WARRIOR TRAINING COURSE (Grades 3-5)

An amazing combination of yoga , calisthenics, movement and aerobic training for kids combined with basic self defense techniques and athletic training. This program aims to develop your child from both a mental and physical standpoint by combining flexibility training, core fitness, practical self defense skills, confidence techniques with simple yet effective movement patterns to increase agility, coordination and endurance. This program is very fun and each class is custom designed for your kids.

Dress: comfortable clothing and sneakers requested.

\$560

Mondays 3:35-4:45 (\$280) and 4:45-6:00 PM (\$280) Homework Helper & Educational Games

Homework Helper provides support for kids with their homework assignments for the day of week. Students will have access to the reference books in the library and manipulatives for any work in math. In addition, students will have the chance to work on the computer and play educational games in math, reading and writing.



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Tuesdays 3:35-4:45 PM

Epic Saga- The Torah Series (Grades K-2)

Using the Submersion Learning Experience (SLE) technique, students will learn how to transform into a character through a totally encompassing story time process. The Torah series is an amazing journey through the history of the Jewish people. Starting with the Story of Creation, our students are fully immersed in the experience of the prophets. We accompany Noah through his struggle against the flood waters and retrace the footsteps of Abraham and Isaac as they climb the mountain. Our students learn to fire up their imagination on command as they trudge through the Sinai desert to escape Pharaoh, all the while learning method acting techniques, leadership and communication tricks that will serve them all their lives. The Epic Torah Series is an unrivaled way to connect your kids to the traditions and stories that have followed The Jewish People since the beginning of time.

\$665

The APPrentice (Grades 3-5)

Does your child love playing and using phone apps? Have they ever thought of building a mobile app of their own? In this class, students learn how to make their ideas happen through app building. Using the *Thunkable* app making platform, kids learn how to make applications that can be used in real-life situations. Problem solving skills are honed as they work through real world business problems and use their critical thinking to come up with solutions. All creative thinkers are encouraged to sign up for the fun!

Children can bring their own mobile devices, iOS or Android, or one will be provided for them.

\$665

Tuesdays 3:35-4:45 (\$380) and 4:45-6:00 PM (\$380) Homework Helper & Educational Games

Homework Helper provides support for kids with their homework assignments for the day of week. Students will have access to the reference books in the library and manipulatives for any work in math. In addition, students will have the chance to work on the computer and play educational games in math, reading and writing.



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Wednesday 3:35-4:45 PM

Studio Art (Grades K-2)

In this exciting studio art class, Jen Bachrach (Schechter Manhattan parent, artist, and visual arts educator) will introduce students to a variety of techniques in drawing, painting, collage, printmaking, and mixed-media. Theme/project examples include Self-portraits, Still-life, Insects/Animals, Cityscapes, Abstract art, Recycled Art, and more! In addition to creating original works of art, students will express themselves creatively, build confidence, and learn to talk about and present works of art. Families will be invited to a gallery show at the end of the semester.

\$680

World Dance (Grades 3 -5)

Shlomit Oren- Ross, A multicultural artist and expressive arts healer brings her travels and exploration of cultural diversity to this brand new class! In this upbeat bilingual (Hebrew/English) program, students explore dances from diverse parts of the world. Some of the styles visited and learned throughout the year are Israeli folk dance, African dance, Oriental dance, Hula dance, circus hula hooping, Five Rhythms, Latin folkloric dance, story-telling, and more. This class emphasizes learning performance skills, creativity and self-confidence.

Dress: comfortable clothing and sneakers requested.

\$680

Wednesdays 3:35-4:45 (\$340) and 4:45-6:00 PM (\$340) Homework Helper & Educational Games

Homework Helper provides support for kids with their homework assignments for the day of week. Students will have access to the reference books in the library and manipulatives for any work in math. In addition, students will have the chance to work on the computer and play educational games in math, reading and writing.



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Thursday 3:35-4:45 PM

Boot Camp Bonanza (K-2)

This is a truly unique multi fitness program, designed for your child's age and abilities. Focusing on increasing response times and mental endurance, we engage the students in some of the world's most fast paced and kid tested obstacle courses. We seamlessly integrate the agility & instinct development of an obstacle course with calisthenics and bodyweight fitness regimen specifically designed for developing kids. This is an incredible program that kids are fanatical about, due to its very fast paced fun environment.

Dress: comfortable clothing and sneakers requested.

\$595

3D Worlds (Grades 3-8)

Love to sculpt? Sculpture is 3-D artwork created by shaping or combining materials. Materials may be worked by removal such as carving; or they may be assembled by gluing, hardening, twisting or building. In this class, students will discover new ways of manipulating materials. They will be exposed to techniques in clay, wire, metal, foam, paper mache, and even manipulating found objects. Drawing inspiration from artists such as Alexander Calder, Frank Stella, Ruth Asawa, Dale Chihuly and other craftsmen and women from the past and present, students will create a portfolio of three-dimensional art!

\$680

Thursdays 3:35-4:45 (\$340) and 4:45-6:00 PM (\$340)

Homework Helper & Educational Games

Homework Helper provides support for kids with their homework assignments for the day of week. Students will have access to the reference books in the library and manipulatives for any work in math. In addition, students will have the chance to work on the computer and play educational games in math, reading and writing.